

與三角形高有關的幾何性質

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摘要：本文獲得了與三角形高有關的三個有趣的幾何性質，並進行推廣。

關鍵詞：三角形、邊長、高線、半周長、外接圓半徑、內切圓半徑。

本文約定： $\triangle ABC$ 的三邊長、半周長、面積、外接圓半徑、內切圓半徑、三邊上的高分別為 a 、 b 、 c 、 P 、 S 、 R 、 r 、 h_a 、 h_b 、 h_c

經過探討，筆者現已得到：

$$\text{定理1: } \frac{h_a}{h_a - 2r} + \frac{h_b}{h_b - 2r} + \frac{h_c}{h_c - 2r} = \frac{4R}{r} + 1$$

$$\text{證明: } \because S = \frac{1}{2}ah_a = \frac{1}{2}bh_b = \frac{1}{2}ch_c = rP$$

$$\therefore h_a = \frac{2rP}{a}, h_b = \frac{2rP}{b}, h_c = \frac{2rP}{c}$$

由海倫公式 $S = \sqrt{P(P-a)(P-b)(P-c)}$ 便可得到

$$(P-a)(P-b)(P-c) = r^2P$$

$$\text{又 } \because abc = 4RrP$$

$$\therefore abc + (P-a)(P-b)(P-c) = 4RrP + r^2P$$

$$\therefore abc + (P-a)(P-b)(P-c)$$

$$= abc + [P^3 - (a+b+c)P^2 + (ab+bc+ca)P - abc]$$

$$= P^3 - 2P^3 + (ab+bc+ca)P$$

$$= (ab+bc+ca)P - P^3$$

$$\therefore (ab+bc+ca)P - P^3 = 4RrP + r^2P$$

$$\therefore ab+bc+ca = P^2 + 4Rr + r^2$$

$$\therefore \frac{1}{P-a} + \frac{1}{P-b} + \frac{1}{P-c}$$

$$\begin{aligned}
&= \frac{ab + bc + ca - P^2}{(P-a)(P-b)(P-c)} \\
&= \frac{P^2 + 4Rr + r^2 - P^2}{r^2P} \\
&= \frac{4R+r}{rP} \\
\therefore &\frac{h_a}{h_a-2r} + \frac{h_b}{h_b-2r} + \frac{h_c}{h_c-2r} \\
&= \frac{\frac{2rP}{a}}{\frac{2rP}{a}-2r} + \frac{\frac{2rP}{b}}{\frac{2rP}{b}-2r} + \frac{\frac{2rP}{c}}{\frac{2rP}{c}-2r} \\
&= \frac{P}{P-a} + \frac{P}{P-b} + \frac{P}{P-c} \\
&= P \left(\frac{1}{P-a} + \frac{1}{P-b} + \frac{1}{P-c} \right) \\
&= P \cdot \frac{4R+r}{rP} \\
&= \frac{4R}{r} + 1
\end{aligned}$$

故: $\frac{h_a}{h_a-2r} + \frac{h_b}{h_b-2r} + \frac{h_c}{h_c-2r} = \frac{4R}{r} + 1$

由 Euler 不等式 $R \geq 2r$, 便可得到:

推論1: $\frac{h_a}{h_a-2r} + \frac{h_b}{h_b-2r} + \frac{h_c}{h_c-2r} \geq 9$

這便是著名的 Bokov 不等式。

由 Wlombier-Doncet 不等式 $3P^2 \leq (4R+r)^2$ 便可推出: $P \leq \frac{4R+r}{\sqrt{3}}$

於是又可得到:

推論2: $\frac{h_a}{h_a-2r} + \frac{h_b}{h_b-2r} + \frac{h_c}{h_c-2r} \geq \frac{\sqrt{3}P}{r}$

由於 $\frac{h_a}{h_a-2r} = 1 + 2r \cdot \frac{1}{h_a-2r}$

$$\begin{aligned}
\frac{h_b}{h_b-2r} &= 1 + 2r \cdot \frac{1}{h_b-2r} \\
\frac{h_c}{h_c-2r} &= 1 + 2r \cdot \frac{1}{h_c-2r}
\end{aligned}$$

$\therefore \frac{h_a}{h_a-2r} + \frac{h_b}{h_b-2r} + \frac{h_c}{h_c-2r}$

$$= 3 + 2r \left(\frac{1}{h_a-2r} + \frac{1}{h_b-2r} + \frac{1}{h_c-2r} \right)$$

再由定理 1 知:

$$3 + 2r \left(\frac{1}{h_a - 2r} + \frac{1}{h_b - 2r} + \frac{1}{h_c - 2r} \right) = \frac{4R}{r} + 1$$

於是, 我們便可得到:

推論 3: $\frac{1}{h_a - 2r} + \frac{1}{h_b - 2r} + \frac{1}{h_c - 2r} = \frac{2R - r}{r^2}$

再由 Euler 不等式 $R \geq 2r$, 便可得到:

推論 4: $\frac{1}{h_a - 2r} + \frac{1}{h_b - 2r} + \frac{1}{h_c - 2r} \geq \frac{3}{r}$

定理 2: $\frac{b+c}{h_b+h_c} + \frac{c+a}{h_c+h_a} + \frac{a+b}{h_a+h_b} \geq 2\sqrt{3}$

證明: $\because S = \frac{1}{2}ah_a = \frac{1}{2}bh_b = \frac{1}{2}ch_c = \frac{abc}{4R}$

$$\begin{aligned} \therefore h_a &= \frac{bc}{2R}, \quad h_b = \frac{ca}{2R}, \quad h_c = \frac{ab}{2R} \\ \therefore \frac{b+c}{h_b+h_c} + \frac{c+a}{h_c+h_a} + \frac{a+b}{h_a+h_b} \\ &= \frac{b+c}{\frac{a}{2R}(c+b)} + \frac{c+a}{\frac{b}{2R}(a+c)} + \frac{a+b}{\frac{c}{2R}(b+a)} \\ &= 2R \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) \dots\dots\dots (1) \end{aligned}$$

$$\begin{aligned} \therefore \frac{1}{a} + \frac{1}{b} + \frac{1}{c} \\ &\geq 3\sqrt[3]{\frac{1}{abc}} \\ &= \frac{3}{2R} \sqrt[3]{\frac{1}{\sin A \sin B \sin C}} \end{aligned}$$

$$\begin{aligned} \text{又 } \because \sin A \cdot \sin B \cdot \sin C &\leq \frac{3\sqrt{3}}{8} \\ \therefore \frac{1}{a} + \frac{1}{b} + \frac{1}{c} &\geq \frac{\sqrt{3}}{R} \dots\dots\dots (2) \end{aligned}$$

由 (1)、(2) 得:

$$\begin{aligned} \frac{b+c}{h_b+h_c} + \frac{c+a}{h_c+h_a} + \frac{a+b}{h_a+h_b} &\geq 2\sqrt{3} \\ \text{又由於: } \frac{b+c}{h_b+h_c} + \frac{c+a}{h_c+h_a} + \frac{a+b}{h_a+h_b} \\ &= \frac{2P-a}{h_b+h_c} + \frac{2P-b}{h_c+h_a} + \frac{2P-c}{h_a+h_b} \\ &= 2P \left(\frac{1}{h_b+h_c} + \frac{1}{h_c+h_a} + \frac{1}{h_a+h_b} \right) - \left(\frac{a}{h_b+h_c} + \frac{b}{h_c+h_a} + \frac{c}{h_a+h_b} \right) \end{aligned}$$

$$\begin{aligned}
& \therefore \frac{a}{h_b+h_c} + \frac{b}{h_c+h_a} + \frac{c}{h_a+h_b} \\
& \leq 2P \left(\frac{1}{h_b+h_c} + \frac{1}{h_c+h_a} + \frac{1}{h_a+h_b} \right) - 2\sqrt{3} \\
& = 2P \left(\frac{1}{\frac{2rP}{b} + \frac{2rP}{c}} + \frac{1}{\frac{2rP}{c} + \frac{2rP}{a}} + \frac{1}{\frac{2rP}{a} + \frac{2rP}{b}} \right) - 2\sqrt{3} \\
& = \frac{1}{r} \left(\frac{bc}{b+c} + \frac{ca}{c+a} + \frac{ab}{a+b} \right) - 2\sqrt{3} \\
& \leq \frac{1}{r} \left(\frac{b+c}{4} + \frac{c+a}{4} + \frac{a+b}{4} \right) - 2\sqrt{3} \\
& = \frac{1}{r} \cdot \frac{1}{2}(a+b+c) - 2\sqrt{3} \\
& = \frac{P}{r} - 2\sqrt{3}
\end{aligned}$$

$$\begin{aligned}
\text{又 } \therefore P &= \frac{1}{2}(a+b+c) \\
&= R(\sin A + \sin B + \sin C)
\end{aligned}$$

$$\text{且 } \sin A + \sin B + \sin C \leq \frac{3\sqrt{3}}{2}$$

$$\therefore P \leq \frac{3\sqrt{3}}{2}R$$

於是, 我們便可得到:

$$\text{推論: } \frac{a}{h_b+h_c} + \frac{b}{h_c+h_a} + \frac{c}{h_a+h_b} \leq \frac{3\sqrt{3}R}{2r} - 2\sqrt{3}$$

$$\text{定理3: } \frac{9R^2}{4R^2+2r^2} \leq \frac{a^2}{h_b^2+h_c^2} + \frac{b^2}{h_c^2+h_a^2} + \frac{c^2}{h_a^2+h_b^2} \leq \frac{R}{r}$$

$$\text{證明: } \therefore S = \frac{1}{2}ah_a = \frac{1}{2}bh_b = \frac{1}{2}ch_c$$

$$\therefore h_a = \frac{2S}{a}, h_b = \frac{2S}{b}, h_c = \frac{2S}{c}$$

$$\begin{aligned}
& \therefore \frac{a^2}{h_b^2+h_c^2} + \frac{b^2}{h_c^2+h_a^2} + \frac{c^2}{h_a^2+h_b^2} \\
& = \frac{a^2}{4S^2(\frac{1}{b^2} + \frac{1}{c^2})} + \frac{b^2}{4S^2(\frac{1}{c^2} + \frac{1}{a^2})} + \frac{c^2}{4S^2(\frac{1}{a^2} + \frac{1}{b^2})} \\
& = \frac{a^2b^2c^2}{4S^2(b^2+c^2)} + \frac{a^2b^2c^2}{4S^2(c^2+a^2)} + \frac{a^2b^2c^2}{4S^2(a^2+b^2)} \\
& = \frac{a^2b^2c^2}{4S^2} \left(\frac{1}{b^2+c^2} + \frac{1}{c^2+a^2} + \frac{1}{a^2+b^2} \right) \\
& = \frac{(4RS)^2}{4S^2} \left(\frac{1}{b^2+c^2} + \frac{1}{c^2+a^2} + \frac{1}{a^2+b^2} \right)
\end{aligned}$$

$$= 4R^2 \cdot \left(\frac{1}{b^2 + c^2} + \frac{1}{c^2 + a^2} + \frac{1}{a^2 + b^2} \right) \dots\dots\dots (3)$$

$$\text{又 } \because b^2 + c^2 \geq 2bc, \quad c^2 + a^2 \geq 2ca, \quad a^2 + b^2 \geq 2ab$$

$$\begin{aligned} &\therefore \frac{1}{b^2 + c^2} + \frac{1}{c^2 + a^2} + \frac{1}{a^2 + b^2} \\ &\leq \frac{1}{2bc} + \frac{1}{2ca} + \frac{1}{2ab} \\ &= \frac{1}{2} \left(\frac{1}{ab} + \frac{1}{bc} + \frac{1}{ca} \right) \\ &= \frac{a + b + c}{2abc} \\ &= \frac{2P}{2 \cdot 4RrP} \\ &= \frac{1}{4Rr} \dots\dots\dots (4) \end{aligned}$$

由 (3)、(4) 得

$$\begin{aligned} &\frac{a^2}{h_b^2 + h_c^2} + \frac{b^2}{h_c^2 + h_a^2} + \frac{c^2}{h_a^2 + h_b^2} \leq \frac{R}{r} \\ &\therefore [(a^2 + b^2) + (b^2 + c^2) + (c^2 + a^2)] \left(\frac{1}{a^2 + b^2} + \frac{1}{b^2 + c^2} + \frac{1}{c^2 + a^2} \right) \geq 9 \\ &\therefore \frac{1}{a^2 + b^2} + \frac{1}{b^2 + c^2} + \frac{1}{c^2 + a^2} \geq \frac{9}{2(a^2 + b^2 + c^2)} \\ &\text{又由於 } a^2 + b^2 + c^2 = 2(P^2 - 4Rr - r^2) \end{aligned}$$

且由 Gerretsen 不等式知:

$$P^2 \leq 4R^2 + 4Rr + 3r^2$$

$$\begin{aligned} \therefore a^2 + b^2 + c^2 &\leq 2[(4R^2 + 4Rr + 3r^2) - 4Rr - r^2] \\ &= 2(4R^2 + 2r^2) \\ \therefore \frac{1}{a^2 + b^2} + \frac{1}{b^2 + c^2} + \frac{1}{c^2 + a^2} &\geq \frac{9}{4(4R^2 + 2r^2)} \dots\dots\dots (5) \end{aligned}$$

由 (3)、(5) 得

$$\begin{aligned} &\frac{a^2}{h_b^2 + h_c^2} + \frac{b^2}{h_c^2 + h_a^2} + \frac{c^2}{h_a^2 + h_b^2} \geq \frac{9R^2}{4R^2 + 2r^2} \\ \text{故 } \frac{9R^2}{4R^2 + 2r^2} &\leq \frac{a^2}{h_b^2 + h_c^2} + \frac{b^2}{h_c^2 + h_a^2} + \frac{c^2}{h_a^2 + h_b^2} \leq \frac{R}{r} \end{aligned}$$

$$\text{又 } \because \frac{9R^2}{4R^2 + 2r^2} = \frac{8R^2 + R^2}{4R^2 + 2r^2}$$

$$\begin{aligned} &\geq \frac{8R^2 + (2r)^2}{4R^2 + 2r^2} \\ &= 2 \end{aligned}$$

於是, 我們又可得到:

Cordon 不等式:

$$\frac{a^2}{h_b^2 + h_c^2} + \frac{b^2}{h_c^2 + h_a^2} + \frac{c^2}{h_a^2 + h_b^2} \geq 2$$

參考文獻

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